

A Home for Worms

Did you know that you can create a worm bin right at home? It is really easy, takes little time, and requires a few items you can find around your home. Your household will love all the organic compost that results; perfect for plants you are growing at home. Start composting your own organic waste today!

Just follow these few steps to create your own worm bin in no-time.

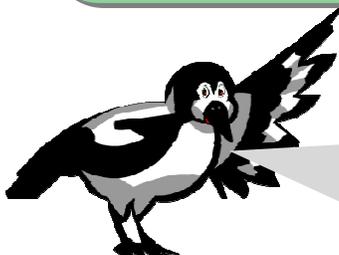
- 1.) First, find a polystyrene container that is about a half metre by half metre. Make sure to drill small holes on the bottom and on two sides of the container. The worms need to be able to breathe!
- 2.) Place some sort of catch basin under your container to collect any liquids.
- 3.) Provide bedding for the worms by putting either damp newspaper or fine gravel in the bottom of your bin.
- 4.) Obtain a small sample of soil so that you have about 4cm of soil on top of the bedding.
- 5.) Buy worms from any qualified worm dealer, and place them softly into their new home.
- 6.) Make sure you are adding about 250-500 grams of food scrap to the work bin each week so the worms have plenty to eat.

Now you have your very own worm bin. Make sure that worm bedding is changed every 3-6 months so the worms have a nice place to rest. Once you are done composting, just deposit worm castings into any local planter box or garden.

My Wheat Friend

A wheat friend is a sculpture made out of a stocking that has been filled with wheat seeds and twisted and bent into the shape of a person.

All you need is a stocking and wheat seeds. Start by adding wheat seeds to the bottom of the stocking creating "feet" by twisting and bending it properly. Working your way all the way to the head and once finished tie the top of the stocking closed. To give life to your new friend, lightly water the stocking with a spray bottle. Germination should take place in the first week.



Maggie the Magpie says, "CERES has heaps of worm bins and resources to help with your new found compost pile."

<http://www.ceres.org.au/>

A Greenhouse for All

Have you ever wanted to build your own greenhouse? Here is your chance. Follow this easy step-by-step guide to create a lush greenhouse right in your own living room.

Plan out the size of the greenhouse that you want to build and find an appropriately sized tray.

Construct a tent over the tray made out of clear plastic wrap and sticks.

Make sure you include a way to open the greenhouse to water the contents. Choose your favourite flowers to live in the house, and watch as they grow.