

# FITZROY HIGH SCHOOL

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27 November 2015 volume 11 edition 17 Newsletter

## Yr 10 Last Day Games

when	27 November
where	Gym
who	MJ

## Yr 10 Last Day Movies

when	27 November
where	Library
who	MJ

## Survival Skills

when	27 November
where	Library
who	SG

## Yr 7/8 Indigo Cybersmart Presentation

when	30 November
where	TDU
Who	MGA

## Music Evening

when	30 November
where	The Spotted Mallard
who	THO

## Cyber Smart Parent Presentation

when	30 November
where	TDU
who	MGA

## GARDEN COLLECTIVE

Many thanks to Year 11 VCAL students from FHS who participated in a pilot for our new school gardening program that connects students, and the food they grow, with Victoria's largest food relief agency, FareShare.

FareShare prepares and delivers 25,000 meals per week to soup vans, homeless shelters, food banks and school breakfast programs around Victoria.

Congratulations on your hard work and the very successful and plentiful crop you harvested and donated on Friday! Your contribution was greatly appreciated and has been cooked and eaten already.

We absolutely loved working with you all and wish you all the best for next year. Big thanks also to Linda and Noam for your support and energy.

**Sarah M and Chris S**  
**The Garden Collective**



Chris and Sarah (The Garden Collective) came to our school to volunteer in semester 2. They first taught us about food security, basically knowing that you will have a nutritious meal every day. Chris and Sarah also taught us about maintaining a garden while having fun. We all got split into 3 teams, I was put into the building group since I have a passion for building, and the building group basically just got the whole thing started by building the garden beds and putting in the soil. I had an amazing experience working with the garden collective, not only did we help the community, but we all got to learn about how to build your own garden. What I really loved

about working with Chris and Sarah is that we all got involved and it brought the whole VCAL class closer together as a team. On the 20<sup>th</sup> November it was time to harvest the vegetables that we planted, which was definitely a memorable time, just harvesting the vegetables that we planted is really rewarding. I am looking forward to creating my own garden.

**Joshua S. Intermediate VCAL**

Fare Share reflection

Fare Shared is an organization dedicated to providing food to the poor and homeless in Victoria by accepting leftover food from various stores and restaurants that would normally be thrown away but is still fine to eat. The leftover food is shipped to kitchens where they are cooked, with a major focus on creating healthy meals by volunteers and then given to the poor. I went there as part of an excursion and worked in the kitchens for a short time. The work was incredibly satisfying, especially knowing that this food would be going to those who normally could not afford such a healthy lunch. We managed to break the record for the amount of meals made in one session and we left feeling satisfied with our work and the amount of effort we put in.

**Jacob M. Intermediate VCAL**

My experience in the Garden collective was overall pretty bodacious. Chris and Sara came to our school with idea at the beginning of semester 2. At first the class was a little sceptical about the idea running a garden, but in the end it worked out swimmingly. During the course of this semester we've learnt about food security, how to maintain a garden and many other important life skills. Food security is when a person or a group people know that they will have a healthy dinner on their plate every night. In the beginning we were split into three groups; Construction, Communication and Garden tending. Towards the end the three groups merged into one group. I was in the Communication group at the start, we contacted the other schools in the program (Northcote High School and Glenroy Neighbourhood Learning Centre) and started writing blog to track our progress and we made a Facebook account. On the 20<sup>th</sup> of November we finally harvested our most excellent garden in which we have poured our hearts and souls into. It was also a sad time because we had to watch as Chris and Sara leave Fitzroy for the last time for the year.

**Benjamin W. Intermediate VCAL**

